RISE Update Sangam Vihar & Mundka | Feb 2022| Blossoming Springs

RISE

Remedial Innovation in School Education

"It is easier to build strong children than to repair broken men" - Fredrick Douglass

Though he wrote these lines in the context of slavery, but it also holds true in relation to education. Education gives strength to the children to become strong adults and be successful in future. Education is so much important in a child's life that it marks the foundation of his success later in life and decides on whether he will turn out to become a happy and content adult or an emotionally shattered and depressed individual. We will one day hand over the control of our nation to our children and if they are not educated well to take up the responsibility, the goals that we have set for development will be remain unaccomplished. The purposes of education in a child's life can be many-learning skills, developing curiosity and creativity, instilling discipline, developing strength and endurance, communicating, building confidence, aspiration, observation, competition and personality development to name only few. If we give our children the opportunity to good education; we are handing them the key to their success and the success of the nation as well. RISE believes that education decides that how a child behaves, faces challenges and threats, learns, introspects, aspires and above all has a desire and will to achieve. So we in RISE, will keep striving towards holistic development of evry child we have!



National Deworming Day



The National Deworming Day is an initiative of Ministry of Health and Family Welfare, Government of India which was celebrated on 10th February to make every child in the country worm free. This is one of the largest public health programs reaching large number of children during a short period. More than 836 million children are at risk of parasitic infections worldwide. According to World Health Organization 241 million children between the ages of 1 and 14 years are at risk of parasitic intestinal worms in India, also known as Soil-Transmitted Helminths (STH). To combat the situation of worm infection in India, Indian government (Ministry of Health and Family Welfare) launched the National Deworming Day (NDD) in February 2015 as part of the National Health Mission. The aim of this programme is to deworm all the children from 1 to 19 years and improve their wellbeing. In contribution to this day, all the students were taken to the Mohalla Clinic which included General Physical Check-up, Eye Check-up, and Haemoglobin Checkup. Children went under Health Check-up programme and got themselves treated and vaccine. More than half of the students examined for various diseases and health related problems, were found to be suffering from weak eyesight. Free deworming tablets, medicines, necessary medical advice and precautionary measures have been provided to the students and the doctor advised the children to follow up.

In order to ensure that all the children done with deworming, deworming tablets are distributed again on 15th February (5 days later of the event). Physical and mental health and safety of the children is of utmost importance, so deworming is an effective step taken by the government to save the future of the nation. Deworming tablets are very safe with mild side effects like nausea, vomiting and diarrhoea. RISE educators got involved very actively in making this mission successful. They were given educational materials having knowledge about all the aspects of

d e w o r m i n g program. They got trained already about what protocol they should follow and whom they report to in the unlikely condition like if a child falls ill. Following practices, other than d i s t r i b u t i n g deworming tablets,

were promoted among RISE students, the community children and parents by the government to completely reduce the risk worm infections in children, never use open defecation, always use toilet for defecation, always wash hands properly using soap and water before eating the food and after using the toilet, always trim nails to keep them short and clean. Always keep the surrounding areas neat and clean. Always wear shoes or slipper specially while using toilet, always drink clean water and safe food, never keep food uncovered and never eat fruits and raw vegetables without washing them with clean water. The children learnt from the doctor and promised that they will avoid all illnesses and adopt good habits. RISE educators appreciated and thanked the doctor for the valuable service provided to the students.



National Women's Day

Indian National Women's Day is observed every year on 13th February to commemorate the birth anniversary of Sarojini Naidu. This year Nation celebrates its 143rd Birth Anniversary. She was born on February 13, 1879. She was famous for her nickname 'Nightingale of India' or 'Bharat Kokila' because of her poems. Sarojini Naidu is wellknown across the globe for her contributions to literature. National Women's Day is observed to celebrate the social, cultural, political, and economic achievements of women. In 2022 we'll be celebrating under the National Women's Day theme, Changing Climates: Equality today for a sustainable tomorrow - a theme that recognises the contribution of women and girls around the world, who are working to change the climate of gender equality and build a sustainable future.

Empowering women is essential to the health and social development of families, communities and countries. When women are empowered, living safe, fulfilled and productive lives, they can reach their full potential. Women's empowerment can be defined to promoting women's sense of selfworth, their ability to determine their own choices, and their right to influence social change for themselves and others.

On National Women's day, Project Shakti was executed with the 500 ladies & women living in Delhi. Project Shakti (Power) aims to address the problem of lower level of awareness or no awareness within the women of economically weaker backgrounds in the slums of Mundka or Sangam Vihar. Though there are progressive laws in India to protect the women from various forms of harassment, abuse and discrimination, but it has not brought the desired change in the status and dignity of women. This is partially because of the mind-set of men and women in a patriarchal milieu and low level of awareness about the laws and women's rights.

Under project SHAKTI, AROH is gearing up awareness generation of women in day-to-day issues leading to their overall empowerment. The various trainings conducted for



women are health & sanitation, leadership training, women's rights, awareness towards Girl Education etc. These trainings are given to increase the leadership quality. AROH has already reached the unreached rural women and launched the empowerment programmes for rural women in the areas around Sangam Vihar since past many years.

For the sake of children & women, AROH Foundation is also nurturing and mainstreaming more than 50,000+ poor and deprived children who are now happily studying in government schools, with better learning outcomes and aspiring for a better future.

At present RISE, supported with the help of AICL in cluster of North West slums in Sangam Vihar is catering to more than 500 children with free education and holistic development. Along with the children, their parents are also enrolled for Educational & Capacity Building workshops. They are taught to become an alphabetic human being. AROH under the project SHAKTI, has started providing training & capacity building sessions for underprivileged women and young girls in Sangam Vihar, Delhi.



Basant Panchami



To welcome the onset of spring season, Glorious day of Basant Panchami was celebrated at RISE. Basant Panchami is a popular Hindu festival dedicated to goddess Saraswati, who is the deity of knowledge, art and music. This day falls on the fifth day of the Hindu month of Magh, which is also the first day of spring. Goddess Saraswati denotes serenity and calmness. She is generally shown seated on a white lotus, wearing a pure white silk sari and holding a book in her lower left hand. The eyes of the goddess are full of compassion. Her four hands denote four facets of human personality namely mind, intellect, alertness and ego. The lotus on her hand symbolizes true knowledge. Her ride is a white swan which is known for its peculiar capability of separating water from the milk. The swan indicates that we should have the ability to discriminate the bad from the good. Basant Panchami. also known as the Saraswati Day, is celebrated by the Hindus across the world with great enthusiasm and festivities. The devotees visit temples which are filled with various types of religious activities. Yellow colour is given prominence on this day and people dress up in yellow garments and perform rituals. Yellow represents spiritual knowledge, increasing the significance of the festival. People eat yellow sweets and distribute the same among friends and relatives. People feed Brahmans on this occasion and also perform Pitra-Tarpan, the traditional ancestral worship.

Basant Panchami is the day when children are taught their first words, making it an auspicious occasion which marks the beginning of their learning process. Traditionally children place their books on the altar, at the goddess's feet. No one is allowed to touch the books during this period as they believe that goddess Saraswati is blessing the books. Devotees believe that worshipping of goddess Saraswati will lead to spiritual enlightenment. It

is generally said that there is no comparison between a king and a learned person as the king is honoured only in his land but a learned person is respected everywhere. Saintly and learned people who are inclined towards spirituality know the importance of worshipping goddess Saraswati. On this occasion, people offers prayers to the Sun God and the deities associated with Ganges. Basant Panchami marks the arrival of spring and can be noted from the coloured blooms in trees and crops. This is the period when mango flowers start blossoming on trees, representing the beginning of a new life.

Basant Panchami spiritually signifies that the days of ignorance and gloom are over and the period of joy and spiritual awakening has begun. So let us welcome the eternal spring of perennial bliss in RISE, making our students understand the spiritual significance of Vasant Panchami. Keeping the tradition alive, RISE celebrated the Basant Panchami



festival with more fervour & enthusiasm. We at RISE set a perfect example of secularism and celebrate all the festivals. Over the past week, in classrooms throughout RISE, all educators & students of all the centres have been working on special activities focused on promoting student understanding the significance of Basant Panchami and showcasing their own interpretations of this celebration. The day started off with a girl from each centre was dressed up in the attire of Goddess Saraswati holding Veena and other children wore yellow clothes to symbolize the significance of the colour in the festival. Students were told the significance of the festival and they all enchanted Saraswati Vandana to feel peace within. Beautiful pieces of Art related to the festival were decorated on the boards. A floral rangoli with yellow and orange coloured flowers signified the brilliance of nature and the vibrancy of life. Children then organized dance & poetic sessions with their educators. This festival gave students a bundle of excitement and joy while celebrating this festival. This festival has taught all our children the significance of study and getting knowledge from it. They even have taken oath to study harder than before.





International Day of Girls & Women in Science



The world needs science, and science needs women and girls. Women have led ground-breaking research into public health, vaccines, treatments and innovative technology, and been on the front lines of COVID-19 response as scientists, health care workers and more. On 11th February 2022, the 6th International Day of Women & Girls in Science Assembly was held at the United Nations Headquarters virtually. With great momentum and interest to accelerate progress in achieving the 2030 Development Agenda and its 17 Global Goals, the 6th International Day of Women and Girls in Science. This year's celebration of the Day addressed the theme "Equity, Diversity and Inclusion: Water Unites Us" with a special focus on the value of the social aspects and cultural dimensions in Science, Technology and Innovation to enhance sustainable development programmes. Science and gender equality are both vital for the achievement of the internationally agreed development goals, including the 2030 Agenda for Sustainable Development. Over the past 15 years, the global community has made a lot of effort in inspiring and engaging women and girls in science. Yet women and girls continue to be excluded from participating fully in science. At present, less than 30% of researchers worldwide are women. According to UNESCO data, only around 30 per cent of all female students select STEM-related fields in higher education. Globally, female students' enrolment is particularly low in ICT (3 per cent), natural science, mathematics and statistics (5 per cent) and in engineering, manufacturing and construction (8 per cent). In order to achieve full and equal access to and participation in science for women and girls, and further achieve gender equality and the empowerment of women and girls, the United Nations General Assembly adopted resolution A/RES/70/212 declaring 11 February as the International Day of Women and Girls in Science.

To commemorate the day, RISE children actively took part in the celebration of





International Day of Women and Girls in Science. Girls dressed up in Doctors' blazers inform their classmates and everyone the importance of the day. Achievements of women were enlightened and everyone took a pledge to help & empower women & girls in every field, especially in Science. Educators informed everyone that it's more important than ever to recognize women's contributions in science, smash stereotypes and defeat discrimination against women and girls in science.

Breaking barriers - Afreen

Ms Afreen Alam, 22 years, is one of the youngest RISE Educators working in project RISE since last few months. She belongs from Muslim community where gender discrimination was not only practiced enthusiastically, but was considered the norm. Afreen also faced the same when her mother at her age of just 3 and then she shifted with her grandparents. Her grandparents were her support system who helped her get proper education but unfortunately after sometime her grandfather died. Concerned with the safety and protection of hers Afreen wasn't allowed to step out to pursue higher education & work. But

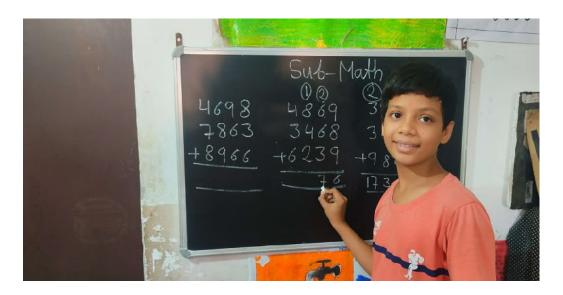


Afreen refused to give up & fortunately she came in the sight of her colleague Ms Farhin, who also belongs from Muslim family & works in RISE. With the dream of becoming Government teacher in her eyes, Afreen joined RISE with the help of Farhin and now Afreen works on the post of Senior Educator in project RISE. With her job in one hand she is also studying to pursue her dream.

Afreen says "I started the program as a very shy and introverted classroom teacher. Working in RISE has allowed me to dig deeper and be more reflective in my practice as an educator, more proactive instead of reactive, and more solution-focused by sourcing the stakeholders involved. Now I am an Educator and the skills I'm practising here have allowed me to be more confident in my support to my team, students, and community."



Smiling & Inspiring "Shubham"



Courage is the quality that best defines the story of Shubham's family that won against all odds. Shubham Gupta a 10 years old boy, undeterred by challenges of life, his parents pulled their kids from village & admitted together with AROH-RISE to help them receive education. Shubham's father works extremely hard as a labour. He doubles up his duties to provide best lives to his kids. When Shubham sees his mother working this hard he gears up to study more carefully and courageously. Shubham is currently studying in Class 5th in Government Boys' school of Delhi. Over the years, he has become a brilliant boy in terms of Education & personal development. His brothers also studied in RISE. With the dream of becoming a successful Lawyer in his future, Shubham is working hard on himself. He does exactly whatever his teacher, Mrs Shobha says. He even comes up with more & more questions until & unless he clears his every thought. Shubham is the brightest student of the class. Every time when Shubham's parents know about their son, they're filled with so much of gratitude and thank AROH Foundation for the goodness & brightness in Shubham's life.



Agriculture Insurance Company of India Limited (AIC) was incorporated under the Indian Companies Act 1956 on 20th December, 2002 with an authorized share capital of INR 15 billion and paid up capital of INR 2 billion. AIC commenced business from 1st April, 2003. AIC has taken over the implementation of National Agricultural Insurance Scheme (NAIS) which, until FY 2002-03 was implemented by General Insurance Corporation of India. In addition, AIC also transacts other insurance businesses directly or indirectly concerning agriculture and its allied activities. AIC also works towards upliftment of marginalized sections of the society. Project RISE is CSR initiative of AIC which aims to provide better educational opportunities to underprivileged children.



AROH Foundation is a leading national-level NGO, strengthening government programmes and CSR initiatives of several corporates and PSEs by providing total integrated solutions - consulting, planning and implementing - for sustainable, inclusive development and growth of the needy and marginalised communities in several states of India for the past 12 years. AROH is an ISO 9001:2008 Certified organization, registered under Societies Registration Act, 1860.

RISE is a pioneering initiative designed by AROH Foundation, which recognizes the nation's concern of improvement of learning outcomes and universalisation of elementary education as of paramount importance, and strives to bring the deprived and marginalized or educationally backward children in backward villages and slums under the safety net of education through an innovative approach and Project-Based Learning Methodology.